



MURAQABA (DIVINE MINDFULNESS)	М	Т	W	Т	F	S	S
That Allah is Watching my Heart							
MUJAHADA (STRUGGLE)	М	Т	W	Т	F	S	S
To Guard with my Senses							
SALAH	М	Т	W	Т	F	S	S
Fard							
Emphasized Sunnan							
• 2 Before the Fard of Fajr							
• 2 Before & 2 After the Fard of Zuhr							
• 2 After the Fard of Maghrib							
Witr							
Tarawih							

QUR'AN	М	Т	W	Т	F	S	S
Portion of Qur'an Daily							
Reflection on the Meanings							
Working Towards a Khatma							
DU'A	М	Т	W	Т	F	S	S
At Sahar (before Fajr)							
Before Maghrib							
Twice During the Day							







SALAWAT UPON RASULILLAH	М	Т	W	Т	F	S	S
200x Daily							
SUHBA (FELLOWSHIP)	М	Т	W	Т	F	S	S
Emphasize Beneficial Fellowship							
Only use Digital World for Necessity or Need							
KHALWA	М	Т	W	Т	F	S	S
10 minutes of Accountability (Muhasaba) to Assess the Quality of my Fasting							
FASTING WITH FAMILY	М	Т	W	Т	F	S	S
Remind each other of the Spirit of Fasting							
Be in 'Ibada (worship) Together							
SADAQA-KHIDMA	М	Т	W	Т	F	S	S
Regular Sadaqa							
Service to Others							